April 2024 Activity Calendar

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **1**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **2**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **3**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **4**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **5**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm |
| **8**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **9**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **10**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **11**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **12**  Silver Sneakers Classic 8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30-10:30 AM  Chair Yoga 10:30-11:30AM  Celebrate Librarian Day! 11:30 AM  Afternoon Cards 1 PM |
| **15**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **16**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **17**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **18**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **19**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm |
| **22**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **23**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **24**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga  10:30am-11:30am  Afternoon Cards 1pm | **25**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM | **26**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Potluck 11:30 AM  Afternoon Cards 1pm |
| **29**  Silver Sneakers Classic  8:30-9:30 AM  Morning Cards 9:00 AM  Floor Yoga 9:30am-10:30am  Chair Yoga 10:30am-11:30am  Afternoon Cards 1pm | **30**  Silver Sneakers Cardio  8:15AM-9:15AM  Art Class 9:00-11:00 AM  Morning Cards 9:00 AM  Afternoon Cards 1 PM |  |  | |